



## **PRESS RELEASE**

### **Coffee, cake and community spirit in Pembury**

Two carers for local, independent care provider TerraBlu gave up their time for free to organise a coffee morning for their Pembury clients and guests last Thursday (6 November). A total of 18 people attended the event, held at Sunhill Court off the High Street, Pembury.

Older members of the community can easily feel isolated and such social events make a huge difference. TerraBlu are keen to help their clients feel part of the wider community and to encourage staff empowerment. This social event was entirely organised by support workers Nimet Yerlikaya and Katie Romik, with some cake baking input from their clients.

Nimet and Katie both recently attended the TerraBlu Care Academy in Spain. There they came up with a project aimed at reducing the feeling of isolation felt by those living on their own. Back in the UK, they talked to their clients who suggested a coffee morning and even volunteered to bake cakes to bring.

One client, Sonia Whitehead, said that the secret ingredient to her sponge cake was the drop of Kirsch in the icing.

"It was so nice to be able to organise something on our own that was so enjoyed by the people we look after every day," said Nimet after the event.

Richard Gould, Managing Director of TerraBlu (who'll always make an appearance if a slice of cake is on offer) said; "It was great to see the enthusiasm that Nimet and Katie showed in getting this event off the ground, and in seeing the support that our clients in Pembury gave to the event.

"Whenever we've given our staff the go-ahead on an idea, the results are always amazing," enthuses Richard. "We have four active projects currently underway as part of our Care Ambassador scheme, all being led by Support Workers at different levels in the company."

TerraBlu, an approved provider for Kent County Council, also offers services to private clients. Carers work with children and adults with mental and physical disabilities, as well as older clients.

For further information on TerraBlu and its services visit: [www.terrablu.co.uk](http://www.terrablu.co.uk)

For further press information and high-resolution images please contact Gaynor Edwards on Tel: 01892 677700 or 07956 142214 or email [gaynor@torpedojuce.co.uk](mailto:gaynor@torpedojuce.co.uk).